

# MICROSURGERY INFORMATION

After discussing the pros and cons of various treatment options with Dr. Fransen, you have chosen to proceed with endodontic microsurgery on your tooth. Do not hesitate to call or e-mail our office if you have any questions between now and the treatment date. Please read the following information and instructions before your appointment.

The week before the appointment:

- Do not take any Aspirin, Advil, Motrin, or Aleve products for at least 5 days prior to surgery
- These products may thin your blood and interfere with the surgical treatment
- Tylenol is an acceptable alternative if pain medication is necessary

On the day of the appointment:

- Plan to take the rest of the day off
- Eat a healthy meal prior to the surgery
- To avoid contamination of the surgical site:
  - Women should remove makeup from their face and lips
  - Men should trim mustaches to the lip

After the appointment:

- Further post-treatment instructions will be given orally and in-writing
- Place an ice pack on-and-off the cheek for 6 hours after leaving the office
- Avoid any heavy lifting, exercise, or excessive talking
- Eat only soft foods, do not suck through a straw or smoke

Two to three days after the surgery, you will need to return to our office for removal of sutures and evaluation of healing. Periodic check-ups will follow as directed by Dr. Fransen.

When possible, a sample of the irritated tissue surrounding the root is sent for examination by the Oral Pathology Department at UBC Hospital. Our office will forward the findings of the pathology report to both you and your dentist. Our office will advise you if the findings are as expected.



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# POST-ENDODONTIC MICROSURGERY INSTRUCTIONS



Rest as much as possible, elevate your head with two pillows; do not lie flat.

Avoid strenuous activities for the remainder of the day.

On the day of the surgery,

- Apply a bag of ice or frozen peas over the surgical site for 10 minutes on, 20 minutes off for the rest of the day
  - This will minimise swelling and discolouration
  - Do not apply ice to the area after the first day
- Only eat soft foods and drink plenty of liquids
- Avoid smoking and drinking alcohol for the first 48 hours
- Avoid pressure changes in your mouth, such as rinsing, spitting, and drinking through a straw
- Do not raise your lip to look at the operated area

A little bleeding from the surgical site is expected.

If the bleeding is more significant,

- Place a moistened tea bag over the surgical site and apply light pressure for 20 minutes
- Rest with your head above your heart
- If the bleeding has not stopped, repeat with a new damp tea bag
- If the bleeding persists, call the office (604.274.3499) and Dr. Fransen (778.899.3429) immediately

Hygiene,

- Continue to brush your teeth, just avoid brushing the gums in the surgical area
- Do not floss or use a water irrigation device in the surgical area for 3 days
- Gently rinse the treated area with warm salt water after meals, use ½ teaspoon of salt in large glass of lukewarm water
- Gently rinse with the Peridex mouth rinse 4 times a day

Return to the office within one week for removal of the sutures.

What to expect,

- Some discomfort
  - Follow the pain medication regimen hand-out
  - Call the office and Dr. Fransen if the pain is not controlled by the pain medications or if you have a temperature
- Swelling and discomfort for 3 to 5 days
- Temporary loss of feeling of the surgical site
- The tooth may feel loose for a few days

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# ENDODONTIC MICROSURGERY CONSENT

This is my consent to endodontic microsurgery and other oral surgery deemed necessary during the planned operation. I understand there will be a tissue sample taken for laboratory examination. I agree to the use of local anaesthetic and analgesia. I am aware of the possible complications of the surgery, anaesthesia, and other therapeutic drugs. Possible complications could include, but are not limited to:

- Bleeding
- Swelling
- Pain
- Infection
- Trismus (restricted jaw opening)
- Paraesthesia (numbness or tingling of the lip, gum, or tongue)
- Sinus involvement
- Floor of nose involvement
- Gum recession
- Loss of tooth

The paraesthesia is rarely protracted and even more rarely permanent. I understand it is my responsibility to report any symptoms to Dr. Fransen immediately.

Medications prescribed for discomfort and/or sedation may cause drowsiness, which can be increased by the use of alcohol or other drugs. We advise that you do not operate a motor vehicle or any hazardous device while taking such medications. In addition, certain medications may cause allergic reactions, such as hives or intestinal discomfort. If any of these problems occur, call Dr. Fransen immediately.

- Possible alternatives to the proposed treatment include:
  - No Treatment
  - Retreatment
  - Waiting for more definite symptoms
  - Extraction of the tooth
  - A second opinion

Risks involved in these choices might include pain, swelling, infection, loss of tooth, and infection.

I understand a perfect result from surgery is not guaranteed. I have been given the opportunity to question Dr. Fransen concerning the nature of the treatment, the inherent risks of the procedures, and possible alternatives. This consent does not encompass the entire discussion I had with Dr. Fransen regarding the endodontic microsurgery.

I authorise Dr. Fransen and his surgical team to perform endodontic microsurgery as well as videotape or photograph the procedure. These photographs and video may be used for the purposes of documentation, education, and marketing. My privacy will be protected at all times.



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Patient (First/Last Name)

Patient (Signature)

Date

Day/ Month/ Year

Dentist (First/Last Name)

Dentist (Signature)

Date

Day/ Month/ Year

Witness (First/Last Name)

Witness (Signature)

Date

Day/ Month/ Year

(If patient is under the age of 18, the signature of a parent or guardian is required)

WWW.ENDODONTICCENRE.COM