

# BEFORE YOUR APPOINTMENT

This information will help prepare you for your first appointment at the Richmond Endodontic Centre. For your convenience, it is possible to complete all of the necessary paperwork either on-line or at home prior to your appointment.

## ON-LINE

Please contact our office for a user name and password. This will then allow you to log-in and complete the necessary medical and insurance information directly into your paperless chart at the Richmond Endodontic Centre.

## AT HOME

It is possible to print the necessary documents and complete them prior to your appointment.

By completing the paperwork at home or on-line you will enhance the efficiency of your appointment. Below is a list of the necessary information for your first appointment.

- All relevant insurance information
- Any x-rays or referral slips from your dentist
- An accurate list of all your medications and medical conditions
- If you have asthma bring your inhaler

Below are a few more points to review before your first appointment.

- Unless instructed, do not alter your regular regimen of medications
- Eat a full breakfast or lunch prior to your appointment
- If you are able to take ibuprofen (Advil) or naproxen sodium (Aleve), take 2 tablets two hours prior to your appointment
- A parent or guardian must accompany patients under the age of 19

If you have a heart condition that requires prophylactic antibiotics prior to treatment, contact our office so arrangements can be made to provide you with coverage. If unsure, please check the 2007 American Heart Association Guidelines for more information.



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